Jeremy Avner

Healthcare Entrepreneur | Longevity & Performance Medicine Operator | Multi-Site Clinic Builder | YPO Regional Chair, Southeast U.S. & Caribbean

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Jeremy Avner is a multi-venture healthcare entrepreneur with more than 25 years of operating experience—the last 15-plus focused on building category-leading clinics in medical weight loss, men's hormone optimization, and longevity & performance medicine. He is co-founder of **BioDesign Men**—a multi-location performance-medicine platform acquired by **Agentis Longevity** in February 2026—and continues in a strategic clinical leadership role at the acquirer. Jeremy is concurrently a co-founder of **T Clinics USA**, founder of **Rebuilding Life**, and a managing partner of multiple **Nuviva Medical Weight Loss** franchise clinics across Central Florida. He is an active leader in the **Young Presidents' Organization (YPO)**, currently serving as Regional Chair for the Southeast U.S. & Caribbean region—one of YPO's largest, comprising 26 chapters and approximately 3,000 chief-executive members.

BioDesign Men & The Agentis Longevity Acquisition

In approximately 2021, Jeremy co-founded **BioDesign Men** with healthcare entrepreneurs Jimmy Baker and Ian Costello—a precision-focused men's performance-medicine practice combining advanced biomarker diagnostics, hormone optimization, peptide therapy, and individualized longevity programs. Under their leadership, BioDesign scaled to four clinics across Central Florida (Tampa, Orlando, Lake Mary, and Melbourne) and built a clinical operating playbook that distinguished the brand in the rapidly expanding men's health and longevity category.

In **February 2026**, BioDesign Men was acquired by **Agentis Longevity** in a strategic transaction expanding Agentis's leadership in personalized longevity, performance medicine, and advanced health optimization. The acquisition was covered by PR Newswire, Nashville Post, AI TechPark, Pulse 2.0, Morningstar, and Citizen Tribune. Jeremy joined Agentis in a **Strategic Clinical Leadership** role to advance diagnostic strategy, therapeutic programming, and clinical innovation across the combined platform—helping integrate BioDesign's multi-site practice into Agentis's national longevity platform while preserving clinical quality and patient experience post-transaction.

Entrepreneurial Leadership & Venture History

Jeremy's entrepreneurial journey in healthcare spans nearly two decades and multiple complementary ventures. In 2007 he co-founded **T Clinics USA**, a men's-health clinic group specializing in testosterone replacement therapy (TRT) and hormone optimization, which expanded to a multi-location footprint across Florida and pioneered an early operating model in men's hormone health that informed his subsequent ventures.

In 2010 he founded **Rebuilding Life / Orlando Testosterone**, a Central Florida testosterone-replacement and men's-wellness clinic combining TRT with structured nutrition and performance programs. The operating entity, Rebuilding Life Expansion, LLC (Florida Doc. # L12000020175), has been continuously active since February 2012, with Jeremy serving as Registered Agent and CEO of record.

That same year, he partnered with long-time friends Alex Joseph and Jeffrey Delaney to launch one of **Nuviva Medical Weight Loss**'s first franchise locations—opening in Orlando (Baldwin Park) in 2011 and expanding with a second clinic in Lake Mary in 2013, one of 13 Nuviva clinics in Florida at the time and the second under his management. Operations later extended to Boca Raton.

Earlier in his career, Jeremy operated in hospitality and fitness—as Owner/Operator of **Venu Club**, an Orlando hospitality and event venue with a 15-person team that reached profitability within six months before exit, and as Part-Owner of a Fort Myers, Florida gym before transitioning out to focus full-time on medical wellness and earning his NESTA personal-training and ASBP credentials.

YPO Leadership & Peer Forum

Jeremy is an active member of the **Young Presidents' Organization (YPO)** and currently serves as **Regional Chair for the Southeast U.S. & Caribbean Region**—one of YPO's largest regions, comprising 26 chapters and approximately 3,000 chief-executive members. In this role he convenes chapter chairs, sets regional programming priorities, and represents the region within YPO's global governance structure. He participates actively in peer forum, education, and networking activities reserved for chief-executive members of qualifying companies.

Speaking Engagements & Public Speaking

Jeremy is an active corporate speaker and brand spokesperson:

- **YPO Speaker** — Active corporate speaker within YPO chapters and regional forums in his capacity as Regional Chair for the Southeast U.S. & Caribbean Region; convenes and presents at chapter chair gatherings and regional programming events.
- **BioDesign Men Spokesperson** — Public-facing voice for the BioDesign brand on men's performance medicine, hormone optimization, and longevity—before and through the Agentis Longevity acquisition.
- **Nuviva Medical Weight Loss Spokesperson** — Has appeared as Nuviva's Orlando-area medical-weight-loss spokesperson in regional consumer-health media segments (e.g., "How to Combat Holiday Weight Gain").

Education & Credentials

Jeremy completed an **Associate of Arts (A.A.) in Communication** at Florida Atlantic University and pursued additional Communication & Marketing coursework at the University of Central Florida. His professional credentials include certification as a **NESTA Personal Trainer** and membership in the **American Society of Bariatric Physicians (ASBP)**—a bariatric-medicine professional credential earned during his transition into medical weight loss.

Notable Transactions & Recognition

- **Sale of BioDesign Men to Agentis Longevity (February 2026)** — Covered by PR Newswire, Nashville Post, AI TechPark, Pulse 2.0, Morningstar, and Citizen Tribune; positioned as a strategic expansion of Agentis's personalized longevity, performance-medicine, and advanced-health-optimization platform.
- **Multi-clinic operator across three franchise concepts** — Co-founder/founder/managing partner across BioDesign Men (4 clinics), Nuviva Medical Weight Loss (Orlando, Lake Mary, Boca Raton), Rebuilding Life, and T Clinics USA.
- **YPO Regional Chair, Southeast U.S. & Caribbean** — Regional leadership of 26 chapters and ~3,000 chief-executive members.
- **Consumer-health media spokesperson** — On-camera Nuviva segments for Central Florida regional media.

Executive Summary

Jeremy Avner is a multi-venture healthcare entrepreneur with 25+ years of operating experience and 15+ years building category-leading clinics in medical weight loss, men's hormone optimization, and longevity & performance medicine. He is co-founder of BioDesign Men (acquired by Agentis Longevity in February 2026) and continues at Agentis in a Strategic Clinical Leadership role; co-founder of T Clinics USA; founder of Rebuilding Life / Orlando Testosterone; and managing partner of multiple Nuviva Medical Weight Loss clinics across Central Florida. He serves as Regional Chair of YPO's Southeast U.S. & Caribbean region—one of YPO's largest, with 26 chapters and ~3,000 chief-executive members—and is an active corporate speaker for YPO and BioDesign as well as Nuviva's Orlando-area medical-weight-loss spokesperson on regional consumer-health media.

Professional Experience

Agentis Longevity Feb 2026 – Present
Strategic Clinical Leadership — Orlando, FL | Healthcare / Longevity Medicine

- Joined Agentis Longevity following its acquisition of BioDesign Men (Feb 2026) to advance diagnostic strategy, therapeutic programming, and clinical innovation across the combined platform.
- Helps integrate BioDesign's multi-site performance-medicine practice into Agentis's national longevity platform, preserving clinical quality and patient experience post-transaction.

BioDesign Men c. 2021 – Feb 2026 (acquired by Agentis Longevity)
Co-Founder — Tampa | Orlando | Lake Mary | Melbourne, FL

- Co-founded a precision-focused men's performance-medicine practice combining advanced biomarker diagnostics, hormone optimization, peptide therapy, and individualized longevity programs.
- Scaled to four clinics across Central Florida (Tampa, Orlando, Lake Mary, Melbourne) before successful sale to Agentis Longevity in February 2026—a strategic acquisition expanding Agentis's leadership in personalized longevity and performance medicine.
- Co-founded with healthcare entrepreneurs Jimmy Baker and Ian Costello; built clinical protocols and operating playbook later carried into the post-acquisition platform.

T Clinics USA 2007 – Present
Co-Founder — Multiple Florida locations

- Co-founded a men's-health clinic group specializing in testosterone replacement therapy (TRT) and hormone optimization; expanded to a multi-location footprint across Florida.
- Pioneered an early operating model in men's hormone health that informed subsequent ventures (Rebuilding Life, BioDesign Men).

Rebuilding Life / Orlando Testosterone 2010 – Present
Founder & Chief Executive Officer — Orlando & Lake Mary, FL

- Founded a Central Florida testosterone-replacement and men's-wellness clinic combining TRT with structured nutrition and performance programs.
- Operates as Rebuilding Life Expansion, LLC (Florida Doc. # L12000020175, active since Feb 2012); serves as Registered Agent and CEO of record on Florida Division of Corporations filings.

Nuviva Medical Weight Loss Clinics 2010 – Present
Managing Partner / Owner — Orlando, Lake Mary & Boca Raton, FL

- Partnered with long-time friends Alex Joseph and Jeffrey Delaney to launch one of Nuviva's first franchise locations—opening in Orlando (Baldwin Park) in 2011.
- Expanded with a second clinic in Lake Mary (2013), one of 13 Nuviva clinics in Florida at the time and the second under his management; later operations extended to Boca Raton.
- Has appeared as Nuviva's Orlando-area medical-weight-loss spokesperson in regional consumer-health media segments (e.g., "How to Combat Holiday Weight Gain").

Earlier Ventures — Hospitality & Fitness c. 2005 – 2010
Co-Owner / Operator — Fort Myers & Orlando, FL

- **Owner/Operator, Venu Club** — Built and ran an Orlando hospitality / event venue with a 15-person team; reached profitability within six months before exit.
- **Part-Owner, Fort Myers, FL gym** — Transitioned out to focus full-time on medical wellness, earning NESTA personal-training and ASBP credentials.
- **President, SCJ Enterprise, Corporation** — Earlier Florida entity (now inactive).

Leadership, Boards & Affiliations

YPO Southeast U.S. & Caribbean Current
Regional Chair — Young Presidents' Organization

- Regional leadership role for one of YPO's largest regions—comprising 26 chapters and ~3,000 chief-executive members across the U.S. Southeast and the Caribbean.
- Convenes chapter chairs, sets regional programming priorities, and represents the region within YPO's global governance structure.

YPO (Young Presidents' Organization) Active
Member — Florida

- Active YPO member; participates in peer forum, education, and networking activities reserved for chief-executive members of qualifying companies.

Education

- **Associate of Arts (A.A.), Communication** — Florida Atlantic University
- **Communication & Marketing coursework** — University of Central Florida

Certifications & Professional Memberships

- **Certified Personal Trainer** — NESTA (National Exercise & Sports Trainers Association)
- **Member** — ASBP (American Society of Bariatric Physicians) — bariatric-medicine professional credential

Notable Transactions & Recognition

- **Sale of BioDesign Men to Agentis Longevity (February 2026)** — covered by PR Newswire, Nashville Post, AI TechPark, Pulse 2.0, Morningstar, and Citizen Tribune.
- Spokesperson and on-camera segments for Nuviva Medical Weight Loss covering medical-weight-loss topics for Central Florida consumer media.

Speaking & Media

- **YPO speaker** — Active speaker at YPO chapter and regional events as Regional Chair, Southeast U.S. & Caribbean.

- **BioDesign Men spokesperson** — Brand spokesperson, pre- and through Agentis Longevity acquisition.
- **Nuviva Medical Weight Loss spokesperson** — Central Florida consumer-health regional media.

Contact

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